

1/3 cup butter

1 chopped onion

1/3 cup all-purpose flour

Salt, pepper, thyme and sage to taste

1 cup Chicken Broth

1 cup whole milk

2 1/2 cups chopped cooked chicken/turkey (or pre-cooked mushrooms and leeks)

2 cups vegetables (carrots, celery, peas)

Melt butter, saute aromatics (carrots, onions, celery), add flour, cook until paste. Add broth, then milk. Allow to thicken. Add herbs, chicken, frozen peas.

Bake 400\* for roughly 45 min